

## Communication and Language

- Show and Tell
- What is a question?
- Taking turns to play games and to speak.
- Sharing ideas and information about ourselves.

## Personal, Social and Emotional Development

- Talk about what it means to be unique.
- Identifying feelings and how we can express how we feel.
- How to cope in different situations and how to regulate our emotions.
- Describing our feelings.
- Learning about different facial expressions and what they are telling us.
- How to calm ourselves and moderate our behaviours.

## Physical Development

- Using our hands to do different activities e.g. threading, rolling, twisting etc.
- Holding a pencil correctly.
- The importance of physical activity.
- How to stay safe whilst using apparatus.
- The importance of a healthy balanced diet.

## Literacy

- Knuffle Bunny Free
- The Big Book of Families
- The Colour Monster
- Writing our names
- Phonics and learning initial letter sounds.

## Mathematics

- Understanding numbers from 1 to 5 and what they represent.
- Sorting objects.
- Comparing groups within 5.
- Change within 5.
- Time.

# Why it's good to be me!

## Understanding the World

- Looking at the changing seasons.
- Observing the weather.
- Understanding our family trees.
- Knowing how we look and how we differ from others.
- Why is the word 'God' so important to Christians?

## Expressive Arts and Design

- Self portraits
- Using collage to create faces.
- Exploring sound including body percussion.

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