

# Umbrellas

## Parent Support Group Summer Term 2024

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

### Shoreham Umbrellas

**Tuesdays, 10 am - 11.30 am**

Southwick Community Centre

16th April / 7th May / 11th June / 2nd July

### Littlehampton Umbrellas

**Wednesdays, 10 am - 11.30 am**

Creative Heart Community Hub (upstairs)

24th April / 8th May / 12th June / 3rd July

### Worthing Umbrellas

**Tuesdays, 10 am - 11.30 am**

Durrington Community Centre

23rd April / 14th May / 18th June / 9th July

### Horsham Umbrellas

**Wednesdays, 10 am - 11.30 am**

Horsham Family Hub (The Needles)

17th April / 22nd May / 19th June / 17th July

### Chichester Umbrellas

**Thursdays, 10 am - 11.30 am**

Donnington Parish Hall

25th April / 23rd May / 27th June / 18th July

### Burgess Hill Umbrellas

**Tuesdays, 10 am - 11.30 am**

The Cherry Tree Centre

30th April / 21st May / 25th June / 16th July

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact Hannah Delmar-Addy:

Email: [hannah@reachingfamilies.org.uk](mailto:hannah@reachingfamilies.org.uk)

Telephone: 07951 794734



[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

## Umbrellas Online

### Thursdays via Zoom

|            |                  |
|------------|------------------|
| 18th April | 7.30 pm - 9 pm   |
| 2nd May    | 10 am - 11.30 am |
| 16th May   | 7.30 pm - 9 pm   |
| 6th June   | 10 am - 11.30am  |
| 20th June  | 7.30 pm - 9 pm   |
| 4th July   | 10 am - 11.30 am |