

## **PROMOTING RUGBY FOR ALL**

**April 2026**

Dear Parent/Guardian

I am writing to inform you of the exciting Rugby course that will be running during the May half term holidays at Warden Park Academy. **Pro-Star Rugby** will be running the course in conjunction with Mr Gentry, Mr Chappell (Harlequins Academy coach) and Mr C Turner of Worthing College, former HH 1st team captain. The course will run from **Wednesday 27th to Thursday 28th May 2026**.

**James Chisholm, current Harlequins player might be able to attend to lead a coaching session and speak to the boys about his journey to becoming a professional player. I am waiting for him to confirm he can make it.**



*Students can attend on individual days if they are unable to attend the full 2 days. I anticipate that the course will be extremely popular and there are only 15 / 25 places available. Places will be allocated on a 'first come, first served' basis.*

All students will have the opportunity to experience first class coaching delivered by qualified rugby coaches and PE teachers. The course will be designed to maximise the potential of each child and it will be an excellent opportunity for your son / daughter to improve existing rugby skills and make new friends. Boys and girls from years 0, 1,2,3,4, 5, 6, 7, 8, and 9 are welcome. This is also an excellent opportunity to enhance fitness and this will focus more for this course.

**\*\*\*READ** —The course is insured for tag rugby only, if you would not like your child to take part in contact rugby for around 60 minutes each afternoon (year 4 to 9 only with the same age group) with 2 fully qualified coaches with over 15 years experience then please email me. **If you don't email** then you give permission for your child to take part in some contact sessions, but they are not insured.



**What can your child expect from a typical day?**

-  Skill drill sessions :        1-Kicking   2-Passing   3-Core fitness   4-Attacking play   5-Defensive play
-  Kicking Competition

Your son / daughter will be placed in a group that matches his / her age and skill level. The day will start with registration between **9.15 - 9.30am, course starting at 9.45am**. The morning will consist of fun games, coaching, kicking competitions and the skill drill session. No food or drink will be available, therefore a packed lunch and drinks are required. After lunch conditioned games will take place. The day will finish at **3.30pm** and students will be dismissed when a parent or guardian collects them from Warden Park. **HALF DAY** option available **9.30-12.30 or 12.30-3.30 at £12.50**, please book the day as normal and in comments add half day am or pm.

**The course will cost £50 per week (2 days) or £25 per day.** To book please use this link. The link will only allow you to book if there are spaces available. Payment must be made at the time of booking.

[CLICK HERE TO BOOK](#)

**Bank Transfer:**

Bank Name	Santander	Bank Account Sort Code	09-01-27
Bank Account Name	J Cailes-Gentry	Bank Account Number	10158573
Booking Reference	Child's surname and reference code RUG e.g., Gentry RUG		

I look forward to an excellent week of rugby coaching.

Yours faithfully

*J Gentry*

J S Gentry  
PE teacher, Rugby Coaching Award, Director of PSS - Est 2002



**Contact –  
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